



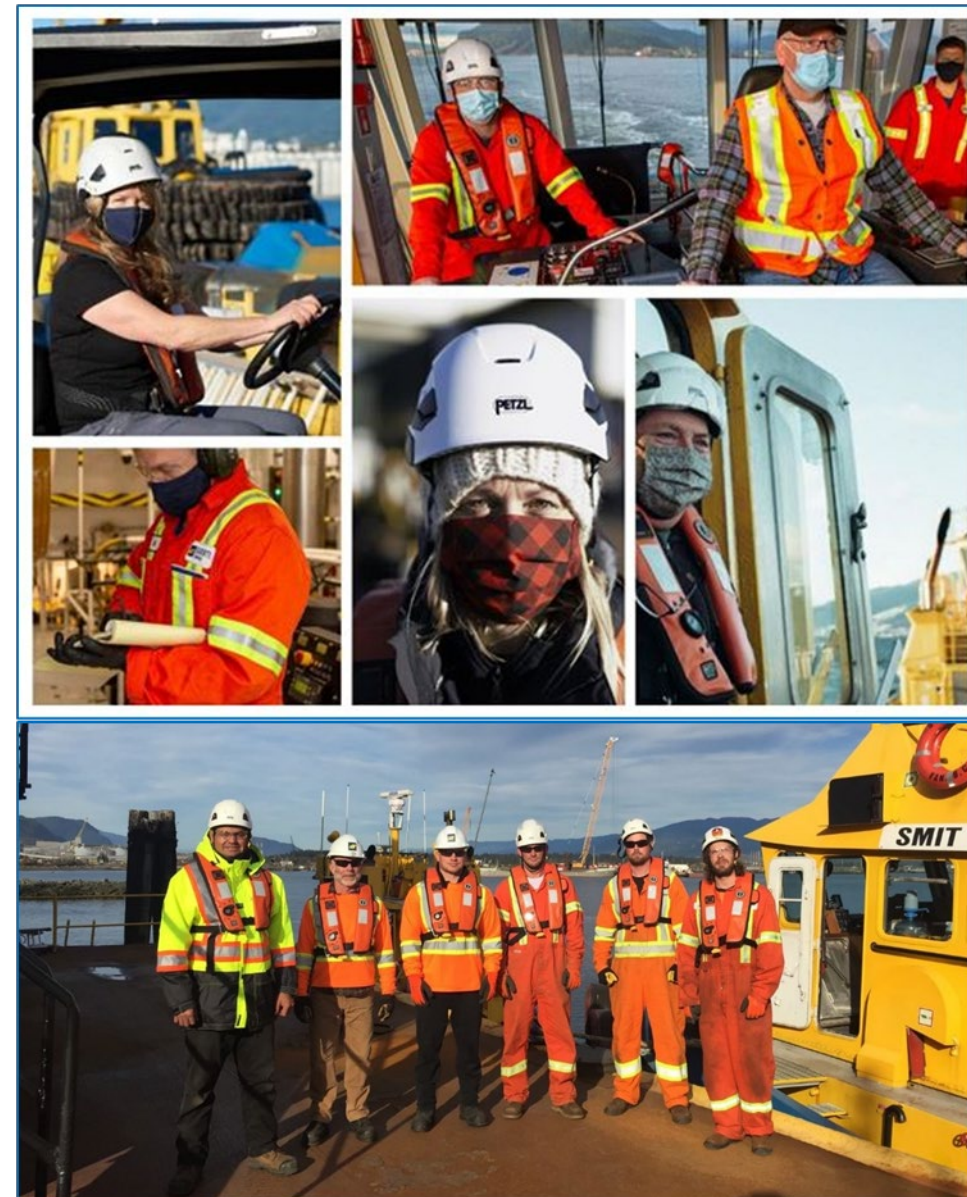
Strategic Importance of Emotional Health

With Brook Walker

EMOTIONAL HEALTH (RETENTION & DEVELOPMENT)

Emotional Health in 12 minutes (OR LESS):

- Perseverance.
- Dignity.
- Humility.



Perseverance:

Emerging Leaders must maintain a voice:

- When it's not convenient.
- When it's not considerate.
- When it's not consistent.

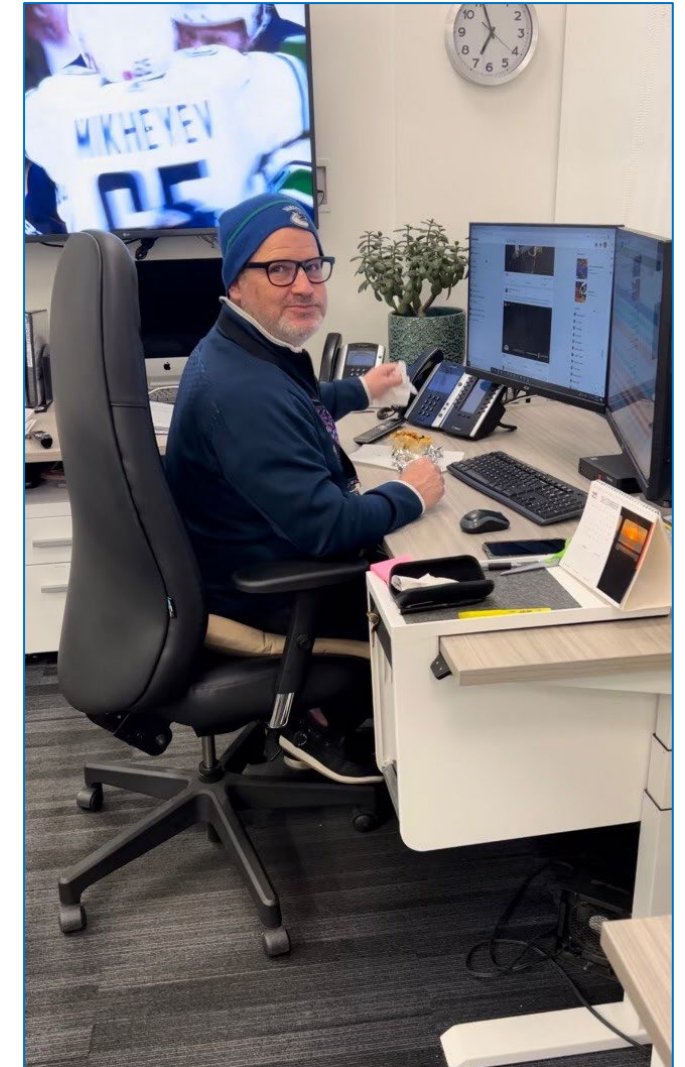


Dignity:

Leaders must consider themselves as “The Referee” :

- Top performers strive for perfection.
- Top performers make mistakes.
- The worst Referees **DO NOT** remember their mistakes.
- The best Referees **DO** remember their mistakes.

Solution: “The Make Up Call”



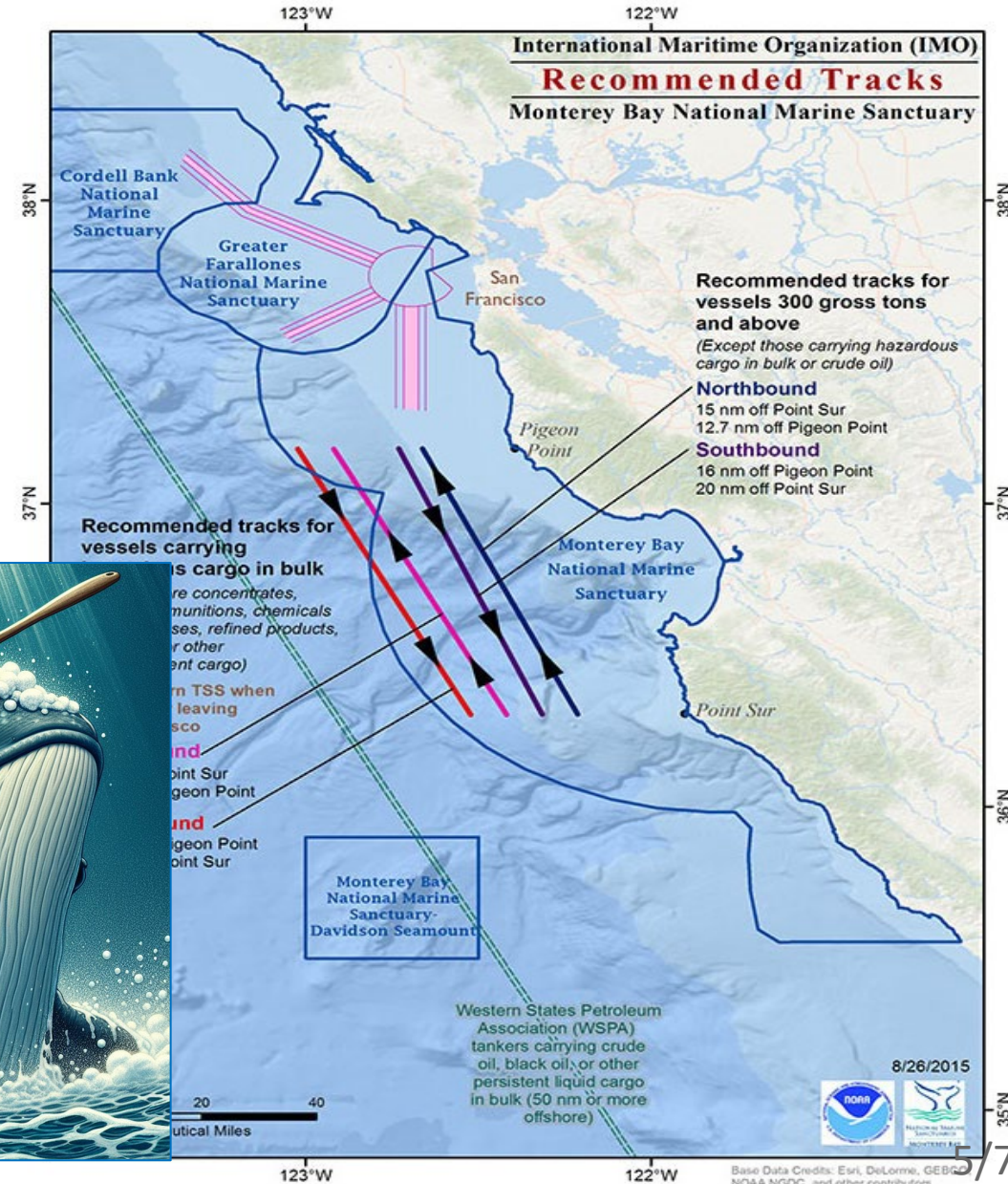
EMOTIONAL HEALTH (RETENTION)

Humility:

In Discipline, Leaders must remember:

- When you were punished
- When you were powerless
- When you were persecuted

“Trevor” taught me this....





Thankyou